"It always pays to dwell slowly on the beautiful things — the more beautiful the more slowly."

— Atticus
Morning walks, markets, coffees, fresh flowers, books, a beautifully set table, delicious food, family, great company.
“Almost everything will work again if you unplug it for a few minutes, including you.”

— Anne Lamott
“Give me a quiet life, give me trees, the wind through them, give me a sea and the song it sings. Give me heartbeats shared with those I love, give me peace and a long deep sleep.”

— TYLER KNOTT GREGSON
“I fall in love every day.
With new songs, dogs, scents,
pieces of art, illusions,
five-minute conversations,
a sunset in my rearview mirror,
a story. A written note.
A daydream. What a
pleasure it is. To know
gravity.”

— Victoria Erickson
“It was sunsets that taught me that beauty sometimes only lasts for a couple of moments, and it was sunrises that showed me that all it takes is patience to experience it all over again.”

– A.J. Lawless
“Cherish your solitude.
Take trains by yourself to places you have never been.
Sleep out alone under the stars.
Learn how to drive a stick shift.
Go so far away that you stop being afraid of not coming back.
Say no when you don’t want to do something.
Say yes if your instincts are strong, even if everyone around you disagrees.
Decide whether you want to be liked or admired.

Decide if fitting in is more important than finding out what you’re doing here.”

— Eve Ensler
“Take your time getting dressed this morning; read a book, make yourself some breakfast.

The world can wait.”

— Whitney Nobis
“I like cancelled plans. And empty bookstores. I like rainy days and thunderstorms. And quiet coffee shops. I like messy beds and over-worn pajamas. Most of all, I like the small joys that a simple life brings.”

- Unknown
“There’s no time to be bored in a world as beautiful as this.”

— Unknown
"I don’t have a favorite season. I have a favorite feeling. It’s the windows down, silent back roads with dirty bare feet feeling. It’s when I can walk straight outside without pausing to fish out a jacket. It is curtains dancing around my room because of the cool breeze that pushes against its fabric. It is sunsets after dessert and grass as my pillows. The sound of lawnmowers, of falling leaves, and rain against the window. Pockets of shade and walks along a gravel road. I don’t have a favorite season. I have a favorite feeling."

— Unknown
“Instead of wondering when your next vacation is, maybe you should set up a life you don’t need to escape from.”

— Seth Godin