A Cozy Autumn Checklist

Everyone's favorite time of year is officially here. That's right, it's autumn! It's the season for getting cozy, slowing down, and enjoying all the little pleasures fall has to offer. Grab a favorite beverage, pull on something plaid, and use our cozy autumn checklist to help embrace the season to its fullest.



- Read a book that takes place on a college campus
- Switch one lamp to a softer, warmer bulb
- Make breakfast for dinner on a weeknight
- Start a puzzle and leave it out all week
- Visit an antique store and look only for things that remind you of autumn
- Pick a new "first song of fall" and play it every morning for a week
- Make a stovetop dinner that takes longer than usual

- Buy yourself a new pair of pajamas
- Spend an evening rereading a childhood favorite
- Put together a bowl of apples, pears, or pomegranates for the kitchen table
- Turn off the overhead lights for an entire evening
- Go somewhere after dark that you usually visit during the day
- Learn the name of one tree you pass all the time
- Watch a movie you associate with back-to-school season
- Write a letter or postcard to someone you miss

- Visit a library and choose a book entirely by its cover
- Make something with your hands while listening to an old album from beginning to end
- Bring home one slightly strange thing from a thrift store
- Have an evening with no plans, no errands, and no attempt to be productive
- Choose one small ritual to repeat every Sunday until winter