

Screen-Free Activities Bingo

Send someone a postcard	Thoughtfully rearrange a grocery store flower bouquet	Play solitaire with physical playing cards	Give yourself a manicure	Listen to the radio in your car
Cook a new recipe	Finish a crossword puzzle	Sort through old photographs	Rearrange a shelf in your home	Practice a new craft
Go on a photo scavenger hunt with a film camera	Write your favorite recipes on recipe cards		Do a puzzle by candlelight	Read through old yearbooks
Check out books from the library	Reread a favorite book	Spend the evening by candlelight	Start a junk journal	Make yourself the perfect warm beverage
Play a board game	Plant a kitchen herb garden	Send a card to someone with a birthday soon	Take a long, leisurely shower	Simply sit still for a few minutes

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